

Below are web-sites that provide information on Veterans benefits and how to file/ask for them. Accordingly, there are many sites that explain how to obtain books, military/medical records, information and how to appeal a denied claim with the VA. Please pass this information on to every Veteran you know. Nearly 100% of this information is free and available for all veterans, the only catch is: you have to ask for it, because they won't tell you about a specific benefit unless you ask for it. You need to know what questions to ask so the right doors open for you and then be ready to have an advocate who is willing to work with and for you, stay in the process, and press for your rights and your best interests.

American Gulf War Veterans Association	http://www.gulfwarvets.com/
Appeals	http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch05.doc
Board of Veteran's Appeals	http://www.va.gov/vbs/bva/
Center for Minority Veterans	http://www1.va.gov/centerforminorityveterans/
Center for Veterans Enterprise	http://www.vetbiz.gov/default2.htm
Center for Women Veterans	http://www.va.gov/womenvet/
Compensation for Disabilities Associated with the Gulf War Service	http://www.warms.vba.va.gov/admin21/m21_1/part6%20ch07.doc
Compensation Rate Tables, 12-1-03	http://www.vba.va.gov/bln/21/Rates/comp01.htm
Department of Veterans Affairs	http://www.va.gov/
Directory of Veterans Service Organizations	http://www1.va.gov/vso/index.cfm?template=view
Index of Disability Examination Worksheets	http://www.vba.va.gov/bln/21/Benefits/exams/index.htm
Due Process	http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch02.doc
Duty to Assist	http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch01.doc
Emergency, Non-emergency, and Fee Basis Care	http://www1.va.gov/opa/vadocs/fedben.pdf
Establishing Combat Veteran Eligibility	http://www.va.gov/healtheligibility/library/pubs/combatvet/CombatVet.pdf
EVALUATION PROTOCOL FOR GULF WAR AND IRAQI FREEDOM VETERANS WITH POTENTIAL EXPOSURE TO DEPLETED URANIUM (DU)	http://www.va.gov/vhapublications/ViewPublication.asp?pub_ID=1158
EVALUATION PROTOCOL FOR NON-GULF WAR VETERANS WITH POTENTIAL EXPOSURE TO DEPLETED URANIUM (DU)	http://www.va.gov/vhapublications/ViewPublication.asp?pub_ID=1254
Federal Benefits for Veterans and Dependents	http://www.va.gov/opa/publications/benefits_book.asp
Forms and Records Request	http://www.va.gov/vaforms/
General Compensation Provisions	http://www.law.cornell.edu/uscode/38/usc_sup_01_38_10_20_11_30_VI.html
Geriatrics and Extended Care	http://www1.va.gov/geriatricsshg/
Guideline for Chronic Pain and Fatigue MUS-CPG	http://www.healthquality.va.gov/
Guide to Gulf War Veteran's Health	http://www.publichealth.va.gov/vethealthinitiative/gulfwar.asp
Gulf War Subject Index	http://www.publichealth.va.gov/exposures/gulfwar/
Hazardous Exposures	http://www.publichealth.va.gov/exposures/
Hearings	http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch04.doc

Homeless Veterans	http://www1.va.gov/homeless/
Health Services Research & Development Service	http://www.hsrd.research.va.gov/
Index to Disability Examination Worksheets C&P exams	http://www.vba.va.gov/bln/21/benefits/exams/index.htm
Ionizing Radiation	http://www.warrelatedillness.va.gov/education/exposures/ionizing-radiation.asp
Iraqi Freedom/Enduring Freedom Veterans M21-1 Table of Contents	http://www.veterans.msstate.edu/pdf/VA_Services_for_Veterans_of_OIF_and_OEF_Fact_Sheet.pdf
Mental Disorders, Schedule of Ratings	http://www.warms.vba.va.gov/M21_1.html
Mental Health Program Guidelines	http://www.warms.vba.va.gov/regs/38CFR/BOOKC/PART4/S4_130.DOC
Mental Illness Research, Education and Clinical Centers	http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1094
MS (Multiple Sclerosis) Centers of Excellence	http://www.mirecc.va.gov/
My Health e Vet	http://www.va.gov/ms/
National Association of State Directors of Special Education	http://www.myhealth.va.gov/
National Center for Health Promotion and Disease Prevention	http://www.nasdse.org
Neurological Conditions and Convulsive Disorders, Schedule of Ratings	http://www.nchpdp.med.va.gov/postdeploymentlinks.asp
OMI (Office of Medical Inspector)	http://www.warms.vba.va.gov/regs/38cfr/bookc/part4/s4%5F124a.doc
Online VA Form 10-10EZ	http://www.medicalinspector.va.gov/
Parkinson's Disease and Related Neurodegenerative Disorders	https://www.1010ez.med.va.gov/sec/vha/1010ez/
Peacetime Disability Compensation	http://www.research.va.gov/funding/solicitations/docs/parkinsons.pdf
Persian Gulf Registry	http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1131
Persian Gulf Programs	http://www.gulflink.org/gwr/registry.htm
Persian Gulf Veterans' Illnesses Research 1999, Annual Report To Congress	http://www.co.genesee.mi.us/veterans/benefits/persian-gulf.htm
Persian Gulf Veterans' Illnesses Research 2002, Annual Report To Congress	http://www.research.va.gov/resources/pubs/GulfWarRpt99.cfm
Phase I & II PGR	http://www.research.va.gov/resources/pubs/GulfWarRpt02.cfm
Policy Manual Index	http://www.va.gov/gulfwaradvisorycommittee/docs/KangGWAC.pdf
Project 112 (Including Project SHAD)	http://www.va.gov/publ/direc/eds/edsmps.htm
Prosthetics Eligibility	http://www.publichealth.va.gov/exposures/shad/resources.asp
Public Health and Environmental Hazards	http://www.littlerock.va.gov/services/prosthetics/eligibility.asp
Publications Manuals	http://www.publichealth.va.gov/index.asp
Request for and Consent to Release of Information from Claimant's Records	http://www1.va.gov/vhapublications/publications.cfm?Pub=4
Research Advisory Committee on Gulf War Veterans Illnesses April 11, 2002	http://www.va.gov/vaforms/form_detail.asp?FormNo=3288
	http://www.va.gov/RAC-GWVI/Committee_Documents.asp

Research Advisory Committee on Gulf War Veterans Illnesses	http://www.va.gov/rac-qwvi/
Title 38 Index Parts 0-17	http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv1_02.tpl
Part 18	http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv2_02.tpl
Title 38 Part 3 Adjudication Subpart A "Pension, Compensation, and Dependency and Indemnity Compensation	http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.tpl
TITLE 38--Pensions, Bonuses, and Veterans' Relief	http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.tpl
Title 38 PART 4--SCHEDULE FOR RATING DISABILITIES Subpart B--DISABILITY RATINGS	http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=ab7641afd195c84a49a2067dbbcf95c0&rgn=div6&view=text&node=38:1.0.1.1.5.2&idno=38
U.S. Court of Appeals for Veterans Claims	http://www.vetapp.gov/
VA Best Practice Manual for Posttraumatic Stress Disorder (PTSD)	http://www.avapl.org/pub/PTSD%20Manual%20final%206.pdf
VA Health Care Eligibility	http://www.va.gov/healtheligibility/
VA INSTITUTING GLOBAL ASSESSMENT OF FUNCTION (GAF)	http://www.desertpacific.mirecc.va.gov/gaf/index.shtml
VA Loan Lending Limits and Jumbo Loans	http://valoans.com/va_facts_limits.cfm
VA National Hepatitis C Program	http://www.hepatitis.va.gov/
VA Trainee Pocket Card on Gulf War	http://www.va.gov/OAA/pocketcard/gulfwar.asp
VA WMD EMSHG	http://www.acep.org/content.aspx?id=38280
VA WRIISC-DC	http://www.warrelatedillness.va.gov/dc/
VAOIG Hotline Telephone Number and Address	http://www.va.gov/oig/contacts/hotline.asp
Vet Center Eligibility - Readjustment Counseling Service	http://www.va.gov/rcs/Eligibility.htm
Veterans Benefits Administration	http://www.vba.va.gov/
Veterans Legal and Benefits Information	http://www.nvlsp.org/
VHA Forms, Publications, Manuals	http://www1.va.gov/vhapublications/
VHA Programs - Clinical Programs & Initiatives	https://www.vha.com/Offices/WestCoast/Documents/initiatives.pdf
VHA Public Health Strategic Health Care Group	http://www.publichealth.va.gov/
Vocational Rehabilitation and Employment Vet Success Program	http://www.vba.va.gov/bln/vre/
VONAPP online	http://vabenefits.vba.va.gov/vonapp/main.asp

WARMS - 38 CFR Book C	http://www.warms.vba.va.gov/bookc.html
Wartime Disability Compensation	http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1110
War-Related Illness and Injury Study Center - New Jersey	http://www.wri.med.va.gov/
Welcome to the GI Bill	http://www.gibill.va.gov/
What VA Social Workers Do	http://www.socialwork.va.gov/
WRIISC Patient Eligibility	http://www.va.gov/vhapublications/ViewPublication.asp?pub_ID=1121